

AFTER-CARE GUIDELINES

# For the Next 5 days:

## <u>CAN</u>



Wear a Hat/Skullcap



**Don't** Sweat Heavily (avoid intense workouts)

**CAN'T** 



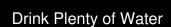
Lightly Dab Area with Wet Cloth (No Soaking)



**Don't** Shave or Buzz Over Treated Area



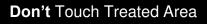
Sleep Any Way You Wish





to Long-Term Sunlight

Don't Expose Treated Area





Take Medication as Prescribed



**Don't** Scrub, Rinse or Shampoo Treated Area



#### Still have questions about your after-care?

Email us at info@scalpsusa.com anytime and we'll help answer your questions



AFTER-CARE GUIDELINES

# AFTER 5 DAYS

(UNTIL YOUR RETURN FOR FOLLOW-UP TREATMENT)

### <u>CAN</u>

- Carefully Shave, Buzz or Cut Hair
- Lightly Rinse with Water
- Apply a Fragrance-Free Moisturizer
- Resume Light Exercise



- Don't Scratch Scalp or at any scabs
- Don't Use Shampoos or Exfoliants
- Don't Use Any Self-Tanners or Skin Irritants

# AFTER 10 DAYS

Return to normal routine. Please wash your head and cut your hair <u>before</u> returning for a follow up session.

Once your treatment has healed post 10 days, here's how to Keep Your SMP Looking Fresh



Mattifying Moisturizer

Anti-Shine Gel

