



SMP PRE-CARE INSTRUCTIONS FOR

We want to thank you for choosing to have your scalp micropigmentation procedure with SCALPS. In order for the treatment to be 100% successful, we strongly encourage you to follow the pre-care instructions listed below.

PRE-CARE INSTRUCTIONS:

- 7 days before your expected treatment, start applying a moisturizer cream, such as, Coconut Butter or Nivea After-Sun moisturizer nightly, and wash out in the morning.
- Do NOT apply anything to your scalp on the day of your procedure.
- If you currently use any hair concealers, DO NOT apply on the day of treatment.
- If you are using a hair system, bring a hat with you on the day of the treatment.
- Do not consume alcohol or drugs before the treatment, with the exception of medication prescribed by your doctor.
- Drink and eat something prior to your arrival.
- Please arrive on time for your appointment.

THE DAY BEFORE YOUR PROCEDURE

- For Traditional SMP Procedures: Get a haircut to the suggested length of #00 or #0 with a T-Liner buzzer (\$35 on Amazon) unless discussed otherwise with your practitioner. Do NOT razor-shave your scalp or buzz your hair on the day of your procedure.
- For a Hair Thickening procedure, cut your hair to the length you would normally have it after a haircut.
- The night before your procedure, exfoliate your scalp before you go to bed (light exfoliation to remove any dead skin).
- For Scar Camouflage: The Day before your procedure, cut your hair in the area of the scar to the length you want to wear your hair. The shorter the hair, the better the results will be (#0 to #00 length is suggested for best results)